



# 5hr Ironman/Team Hare & Hounds – 27th June 2010



PMCRC Annual 5hr Ironman or Team(of two) Hare & Hounds will be on Sunday 27<sup>th</sup> June at Woodberry lane, Rowlands Castle, Nr Emsworth. The race starts at 10am and is open to any ACU club member.

The cost is £45 for Ironman and £65 for a Team, you can find the regs and options for payment on our website [www.pmcrc.org](http://www.pmcrc.org) . This will be a pre-enter only event and all entries must reach the secretary no later than Sat 19<sup>th</sup> June.

There is more than just the race going on, for example fancy dress competitions for kids and riders, a raffle, a visiting ice cream van as well as our great resident burger van so bring the family along. Checkout our website for more details or email us at [pmcrconline@yahoo.com](mailto:pmcrconline@yahoo.com)

All profit from the event will go to Charity – Hampshire and I.O.W Air Ambulance.

*In conjunction with our friends at 'Dirt Bike Bitz'.*

